

Spiritual Warfare

As Christians, we all battle the works of the enemy, our own failures and weaknesses and just the way the world wears us down. Here are some suggestions on how to battle the forces that wage warfare against us.

1. The God who dwells in you is greater than anyone or anything. Make this Scripture a personal declaration: “Greater is He who is in me than he who is in the world.”

“You, dear children, are from God and have overcome them, because **the one who is in you is greater than the one who is in the world.**” 1 John 4:4 NIV

2. The Armor of God – put on the armor, claim each item for yourself.

“Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the **full armor of God**, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the **belt of truth** buckled around your waist, with the **breastplate of righteousness** in place, and with your **feet fitted with** the readiness that comes from **the gospel of peace**. In addition to all this, take up the **shield of faith**, with which you can extinguish all the flaming arrows of the evil one. Take the **helmet of salvation** and the **sword of the Spirit**, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.” Ephesians 6:10-18 NIV

3. It takes effort to turn our eyes from the world and place them on God. Go ahead and grab the bull by the horns and force your thoughts to focus on God through prayer and reading the word.

“Therefore, holy brothers, who share in the heavenly calling, **fix your thoughts on Jesus**, the apostle and high priest whom we confess.” Hebrews 3:1 NIV

“Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Philippians 4:8 NIV

4. Take your thoughts captive, filter what comes into your brain through your eyes, ears and senses. Pray until the negative thoughts leave your brain!

“We demolish arguments and every pretension that sets itself up against the knowledge of God, and **we take captive every thought to make it obedient to Christ.**” 2 Corinthians 10:5 NIV

5. Give your life over to God and to His path for your life. Stand against Satan’s schemes and he will leave you alone.

“Submit yourselves, then, to God. **Resist the devil, and he will flee from you.**” James 4:7 NIV

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6. Remember you are in a battle. Defend yourself violently if need be! Christianity is an offensive team not a defensive team!

“Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses.” 1 Timothy 6:12
NIV

7. Bind satan and the demonic forces and loose the Holy Spirit to come into the situation and be your advocate.

“I tell you the truth, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” Matthew 18:18

8. Here are some things that make the devil or demons cringe:

a) “In the name of Jesus”

1) “In the name of Jesus, I command all my thoughts to come into obedience of Him.”

2) “In the name of Jesus, I bind every demonic spirit coming against me and cast them away from me. I loose you Holy Spirit to have dominion over me.”

3) “In the name of Jesus, I break every assignment against me and my family.”

b) Worship music or singing worship songs.

c) Reading Scripture verses out loud.

d) Agreement in prayer – call a friend and pray together!

e) Fellowship - regular church and home group attendance – the enemy likes to divide and conquer. So band together for strength.

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